

From the Heart

2013 ANNUAL REPORT





From the Heart

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From the President & Board Chair



Ron McMullen,
President

Helping Make Care for Life Possible.

With the gracious, vital support of our donors, the Christian Hospital Foundation's mission is to partner with our hospital to provide service, compassionate care and clinical excellence to our community.

The Christian Hospital Foundation creates opportunities for individuals and organizations to provide vital support that directly improves the health and wellness of our community. By working together to provide service, compassionate care and clinical excellence to our neighbors, we are all **Helping to Make Care for Life Possible**. We support efforts such as patient care, advanced medicine and technology, community benefit programs and staff education.



Paul McKee,
Board Chair

Last year, we raised funds for the construction of a first-ever hybrid room as well as provided over \$300,000 in community benefit programs that directly impacted our neighbors. In addition to the financial impact we are proud of, Christian Hospital was ranked No. 1 in all of BJC for clinical excellence. Our work has also put us in the top 5 percent of all hospitals nationwide.

We hope you enjoy reviewing our 2013 annual report and the highlights of these accomplishments, awards received and recognition of our generous donors.

Thank you for your continued support of our hospital, foundation and community!

Ron McMullen
Paul McKee



christian hospital
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BJC HealthCare

Helping Make Care for Life® Possible.

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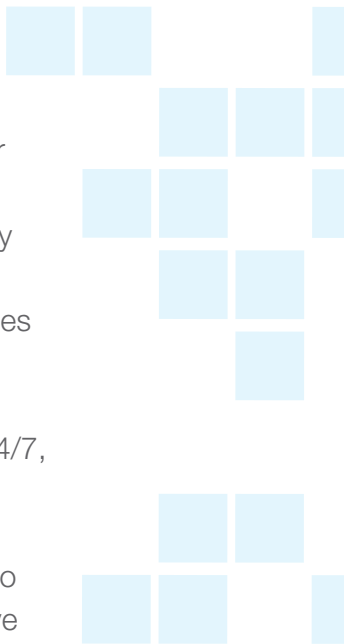


h Making a Difference.



*Colleen Wilkerson
Manager, Service Excellence*





Colleen Wilkerson exudes an aura of confidence and calm. Spend just a few moments with her and you'll sense she's someone you'd want by your side in trying times. The kind of person you could trust to make sure – despite whatever difficulty, emotions or chaos you were dealing with – that you were going to get through it and that everything was going to be just fine. And that's a good thing, because at Christian Hospital, that's a big part of her job.

"This hospital is essential to this community, in terms of providing care, but more than that, Christian is my home. I just knew the first moment I walked in for my first interview that this is where I belonged."

Colleen smiles at the memory. That's not unusual, because she smiles a lot. But then, as a thought occurs to her, she turns serious. "In the years since, I guess I've been trying to make everyone else who walks in feel that same sense of being home. That this is their hospital, and that they're considered family and special and cared for."

Our patients are like family and Colleen knows the importance of listening to their stories. She is assisting the foundation through the Heart of a Hero program by asking patients to share their stories. The stories that make them laugh and cry. Each one is just as important and to Colleen it is like listening to family.

Being on the Forefront of the Patient Experience

Her passion for nurturing a caring and respectful patient experience goes deeper

than providing inspired management for key staff. Colleen also places herself on the front lines every day, working directly to solve patient problems and address whatever stress or difficulties their families may experience.

"Our Emergency Department is open 24/7, and so patient family service can't stop just because the sun goes down," she says. "If people have problems, I want to be there for them. That's why I often give my personal cell phone out, because if I've been working with a family about their concern, I want them to know that just because it's Friday and the weekend's coming doesn't mean I'm not still available to help them."

A Holistic Approach to Excellence

While Colleen's role and personal dedication to the patient experience is a powerful example, they're part of a larger story – an institutional commitment to reaching out to the community and nurturing patient satisfaction.

Upon discharge, the foundation makes contact with patients to learn more about their experience. In many situations, when patients have a good experience at Christian Hospital, they respond by becoming a part of our grateful patient program, Heart of a Hero. Patients have the chance to thank the employee(s) who went the extra mile, like Colleen, to ensure their stay makes a difference for future patients and continues to make Christian Hospital the community's hospital of choice. ■



Grateful Patient



Christian Hospital has received multiple awards throughout the years, but the recognition that means the most to us comes from our patients and their families, leading to the **Heart of a Hero** program. The Christian Hospital Foundation began this fundraising program in the summer of 2013 as an opportunity for patients to recognize and thank our staff and physicians throughout the hospital who provided exceptional care.

“This program is about recognizing employee(s) that have gone above and beyond in creating an experience for our patient and their family. This experience has a positive emotional and collaborative component that creates loyalty and a comfortable feeling that I am well cared for at Christian Hospital.”

— Colleen Wilkerson
Manager, Service Excellence

Our staff works hard to provide clinical excellence and compassionate care to all. Through this program, our patients have the ability to share their appreciation by giving a gift in honor of their special caregiver. Not only does the patient/donor positively impact future care through a donation, it provides recognition of our staff, and a memorable moment in their career.

More than 18 nominations came in during the fall and winter of 2013; 3rd Floor Nursing Staff (Gloria Campbell), 4th Floor Nursing Staff, Center for Medical Rehabilitation (CMR), Northwest HealthCare physicians (Dr. Robert Abbott), food services (Lolita Stevens), housekeeping staff and our Emergency Department (Dr. Kim Perry).

This kind of recognition is humbling and appreciated by the compassionate employees of Christian Hospital as they strive to continue to help people enjoy life by improving their health. ■



Community Benefit 2013

Spring Mammo-thon

Sunday, May 5

43 Mammograms performed

Fall Mammo-thon

Sunday, October 20

80 Mammograms performed

1,500
Flu Shots
Given

Heart Fair

Saturday, February 9

402 participants

- 224 Blood pressure screenings
- 295 Cholesterol/glucose screenings
- 47 Surgical tours given

5,805
Diabetes Screenings

- 39% screenings came back abnormal
- 24% screened participants were identified to be at risk for diabetes
- ✓ Saw a 5% increase in screening locations

Men's Healthy Happy Hour

Thursday, September 12

171 participants

- 127 PSA screenings
- 140 Cholesterol screenings
- 110 Blood pressure screenings
- 61 Breathing screenings
- 107 Flu shots

Hats Off to Women

Thursday, April 25

253 participants

- 120 Blood pressure screenings
- 141 Cholesterol/glucose screenings



Hybrid Room Campaign Kickoff

April 25, 2013

▶ Mr. and Mrs. Robert and Donna Plummer with Dr. Nabil Munfakh, Medical Director of Cardiothoracic Surgery, Christian Hospital and Washington University Cardiothoracic Surgeon

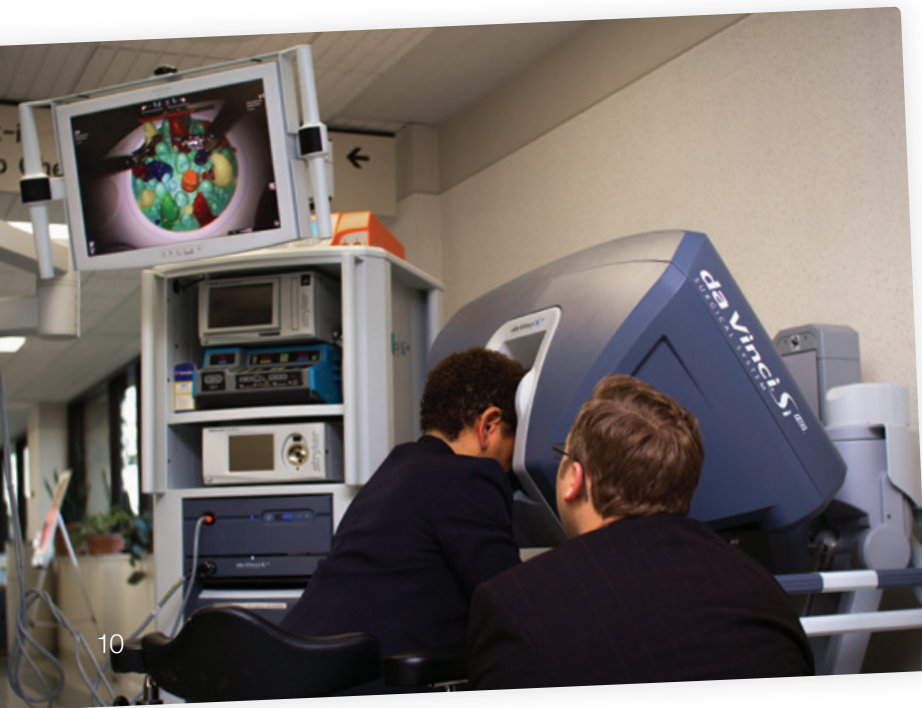


▲ Grace Zykan, Connie Roth, Mickey Zykan and Don Zykan

The Christian Hospital Foundation launched its largest fundraising campaign in the hospital's history in June 2012. ***Advanced Technology, Compassionate Care – A Campaign to Fund the Hybrid Room*** will allow Christian to remain on the cutting edge of medical advancements as it will bring a hybrid room (a combination of a sterile environment and a cardiac cath lab) to North County and southern Illinois.

On Thursday, April 25, 2013, a campaign kickoff was held to invite community members, church leaders, city and state representatives and donors into the hospital to meet physicians who will be using the new room, tour our current cardiac cath lab, get a hands-on demonstration of our da Vinci surgical system as well as receive more information about the future hybrid room and what it will bring to our community. ■

◀ Foundation board member Lillie Dumas experiencing the da Vinci surgical system





Advanced Technology Compassionate Care

A Campaign to Fund the Hybrid Room

The **Advanced Technology, Compassionate Care** campaign has truly become the brickwork of our foundation over the last year. We are pleased to share the advancements from 2013.

Not only were we successful in raising additional funds, we created lasting relationships with community members, employees and physicians. These individuals were integral to our success.

The Christian Hospital Auxiliary is one of the most revered Auxiliaries in all of Missouri. We are proud to call them friends. The support of their members has been invaluable and the substantial contribution of \$300,000 kick-started our campaign in a way that ensured success.

Our physicians have been extremely supportive, helping us bring advanced technology to North County. With their assistance, we have raised over \$450,000! Many of those supporting the hybrid room may not even utilize the space; however, their love of Christian Hospital and the care we provide our patients echoes through their contributions.

The foundation staff conducted 135 meetings with more than 800 employees, raising over \$165,000! The employees of Christian Hospital epitomize the campaign's compassionate care. This significant amount proves that our caregivers are passionate about their work.

Lastly, our Christian Hospital Foundation board members and Christian Hospital board

members have instilled additional confidence through their support. Our boards are engaged in ensuring the hospital provides clinical excellence and most importantly, amazing patient care. By providing over \$500,000, our board members have helped ensure Christian Hospital is the community's hospital of choice.

At the end of 2013, the foundation had reached 82 percent of our \$2 million goal, having raised

\$1,642,188. We appreciate the generous support of our donors and look forward to reaching our goal in 2014. ■





▲ Drs. Garry Vickar, Robert Margolis, Gerald Moritz, Richard Blath



▲ Grace Zykan, Rose Behlmann, Diana Weidinger, Carol Lohe



▲ Paige Solomon and Perry Hartwick



▲ Brian Liedkte, Rick Bazan, Dave Volk, Walter Bazan Jr.



CHRISTIAN HOSPITAL FOUNDATION GOLF OUTING

The third-annual Christian Hospital Foundation Golf Outing was held Tuesday, June 18 at Norwood Hills Country Club. The warm and beautiful day was enjoyed by more than 100 golfers and dinner guests. The day included lunch, an instructional golf clinic by PGA staff, refreshments on the course, putting contests, awards reception and more!

The players had additional fun while attempting to shoot their golf ball the farthest with the return of Ballzooka, a golf ball air gun! Laughter could be heard throughout the course and competition ensued. The day was full of fun, charity and support for the foundation and hospital.

It takes many people — sponsors, golfers, donors, committee members and volunteers — to ensure our event is a success, and we couldn't do it without you. A special thanks to our committee members:

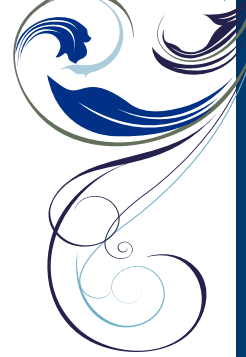
- | | |
|-----------------------|-----------------------|
| ■ Tom Malone | ■ Timothy Rearden, MD |
| ■ Joe McMillen | ■ Joe Vitale |
| ■ Shannon Miller | ■ Martha Vonderheid |
| ■ Joe Monahan | ■ Diana Weidinger |
| ■ Antonio Penilla, MD | ■ Don Zykan |

The Heart Care Group, Drs. Timothy P. Rearden and Mark Woodsen and Hematology Oncology Consultants, Inc., as well as 34 other local businesses helped raise nearly \$50,000, an increase of 50 percent over 2012! ■

Legacy Leaders

CHRISTIAN HOSPITAL FOUNDATION

2013 RECOGNITION DINNER



Hundreds of attendees came together for the fifth-annual Legacy Leaders Dinner on Wednesday, November 6 in the Atrium of the Paul F. Detrick Building at Christian Hospital. The committee and board are so grateful to the North County community for their support of this event.

The Community Vision Award recognized an organization that through their efforts has made a positive impact on North County. Express Scripts is the nation's largest pharmacy benefit manager with a mission to make the use of prescription drugs safer and more affordable. The company helps 100 million Americans make better decisions to achieve healthier outcomes. Since its inception in 1986, Express Scripts' leadership has reinvested in North County through its foundation, corporate giving and generous employee community volunteerism projects. Express Scripts' commitment to North County has served as a catalyst for new jobs, economic growth and a strong vision for the future.

Our Physician of the Year award went to Dr. Antonio Penilla. Dr. Penilla began at Christian Hospital in 1975 as an internist on the medical staff. Several years ago, Dr. Penilla and his colleagues joined the BJC Medical Group, forming The Heart Care Group. The group is well known for providing excellent care and has become one of the most respected in the region. Dr. Penilla always offers a welcoming smile, warm handshake and keen clinical insight. It is obvious that he has the well-earned respect of the medical staff, nursing staff and administration from his years of excellent service.

The Christian Hospital Foundation awards the Paul F. Detrick Legacy Leadership Award to an outstanding community leader who continuously supports the growth and development of North County. Dr. Rance Thomas is the cofounder and president of the North County Churches Uniting for Racial Harmony and Justice (NCCU). This organization consists of 22 churches of various denominations that promote racial understanding and harmony within North County. Dr. Thomas' outstanding leadership and work is reflected in the numerous ways he serves the community.

With sponsorships provided by Express Scripts, The Boeing Company, Mr. George Scherer, the Zykan Family Partnership, L.P., and 20 other businesses, the foundation raised over \$38,000. ■



**EXPRESS
SCRIPTS®**

*Community Vision Award
Express Scripts*



**Physician of the Year Award
Dr. Antonio Penilla**



**Paul F. Detrick Legacy
Leadership Award
Dr. Rance Thomas**

Committee Members

Bret Berigan
Sharyn Buchholz
Brenda Detrick
Lillie Dumas
Millie Hancock
Joshua Jensen II, MD
Judi Keith
David Malone
Tina Minor
Diane Monahan
Martha Vonderheid
Diana Weidinger
Grace Zykan

Hospital Awards & Accolades

Congratulations to our hospital for standing head and shoulders above the rest in the nation!



Christian Hospital stroke care earns prestigious Gold Plus Award!

Christian Hospital has again this year received the American Heart Association/American Stroke Association's Get With The Guidelines®–Stroke Gold Plus Achievement Award! The award recognizes Christian Hospital's commitment and success in implementing a higher standard of stroke care by ensuring that stroke patients receive treatment according to nationally accepted standards

and recommendations. Christian Hospital was recognized at the silver level in 2011 and at the bronze level in 2010. Christian Hospital achieved a two-year Joint Commission re-certification as a Primary Stroke Center in August 2012. ■

Christian Hospital receives 2013 Distinguished Hospital Award for Clinical Excellence; ranks in Top 5 percent nationally!

Christian Hospital has been recognized for the third consecutive year by HealthGrades as a recipient of the 2013 Distinguished Hospital Award for Clinical Excellence. HealthGrades, an independent health care ratings company, analyzes national Medicare data from 5,000 hospitals to produce their report, which again ranks Christian Hospital in the TOP 5 percent nationally! ■

Christian Hospital earned the highest clinical excellence scores in BJC Best in Class measurements for 2013.

2013 Critical Care Excellence Award™

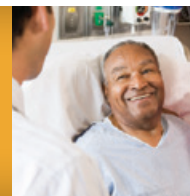
The Critical Care Excellence Award recognizes hospitals for superior outcomes for treating four life-threatening conditions. These hospitals are in the top 10 percent in Healthgrades ratings for treating pulmonary embolism (blood clot in the lung), respiratory system failure, sepsis (serious infection), and diabetic emergencies (complications of diabetes). Your risk of complications — even death — can be significantly lower at these top 10 percent hospitals for critical care. ■

Your Gift Matters.

Join the community of families and individuals who support the patients and caregivers at Christian Hospital. Donors like you help the Christian Hospital Foundation improve the health of our patients and neighbors. Thank you for choosing to make a difference with your gift.

Together we're all ***Helping Make Care for Life Possible.***

Compassionate Care



Community Service



Clinical Excellence



You may make your tax-deductible gift by choosing one of the various methods and determining your interest:

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Every Gift Matters

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Digestive Disease Specialists
ESC New Media
Express Scripts, Inc.

Fifth Third Bank
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Garden Villas North/Delmar Gardens North
Handyman Hardware
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Healogics
Hematology Oncology Consultants
International Brotherhood of Electrical Workers Local No. 1
Johnson Controls, Inc.
Kay-Bee Electrical Co.
Knights of Columbus - St. Norbert
Learning for Life/Boy Scouts of America
Life Care Center of Florissant
Madison County Urban League
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Medtronic
Moneta Group
Morrison Foods
North County Church Uniting for Racial Harmony and Justice
North County Emergency Physicians (ECI)
North County, Inc.
Philips Healthcare
Progressive Waste Solutions
Pulmonary Consultants, Inc.
R.P. Lumber Co.
Rancho Manor Healthcare and Rehab Center, LLC
Republic Services Recycling
Resler-Kerber Optometry, Inc.
Rotary Club of Florissant
Shalom Church, City Of Peace
St. Louis Auto Dealers Association
St. Louis College of Pharmacy
St. Louis Community College - Florissant Valley
St. Louis Community Credit Union
St. Louis Heart and Vascular PC
Stone Carlie & Company LLC
Stygar Funeral Home
The Heart Care Group, Inc.
ThyssenKrupp Elevator
True Gospel Church of God
Tucker Tire Service, Inc.
Visual Ingenuity, LLC
Volk Construction Company
Washington University Dept. of Radiation Oncology
Washington University in St. Louis
Wells Fargo Advisors, LLC
Zonya Health International, Inc.
Zykan Family Partnership L.P.



Vital Statistics



14,648

Admissions



5,619

Surgical Procedures



115,091

Emergency
Department Visits

OUR PATIENTS



2,122

Employees



570

Registered Nurses



433

Physicians

OUR STAFF



400+

Lectures, screenings,
educational and
wellness programs



11,000+

Community residents
participated in Christian
Hospital programs



34,000

Meals provided to
Meals on Wheels
North County program

OUR COMMUNITY

Total contributions

(including net special events) in 2013

\$442,186.97

380

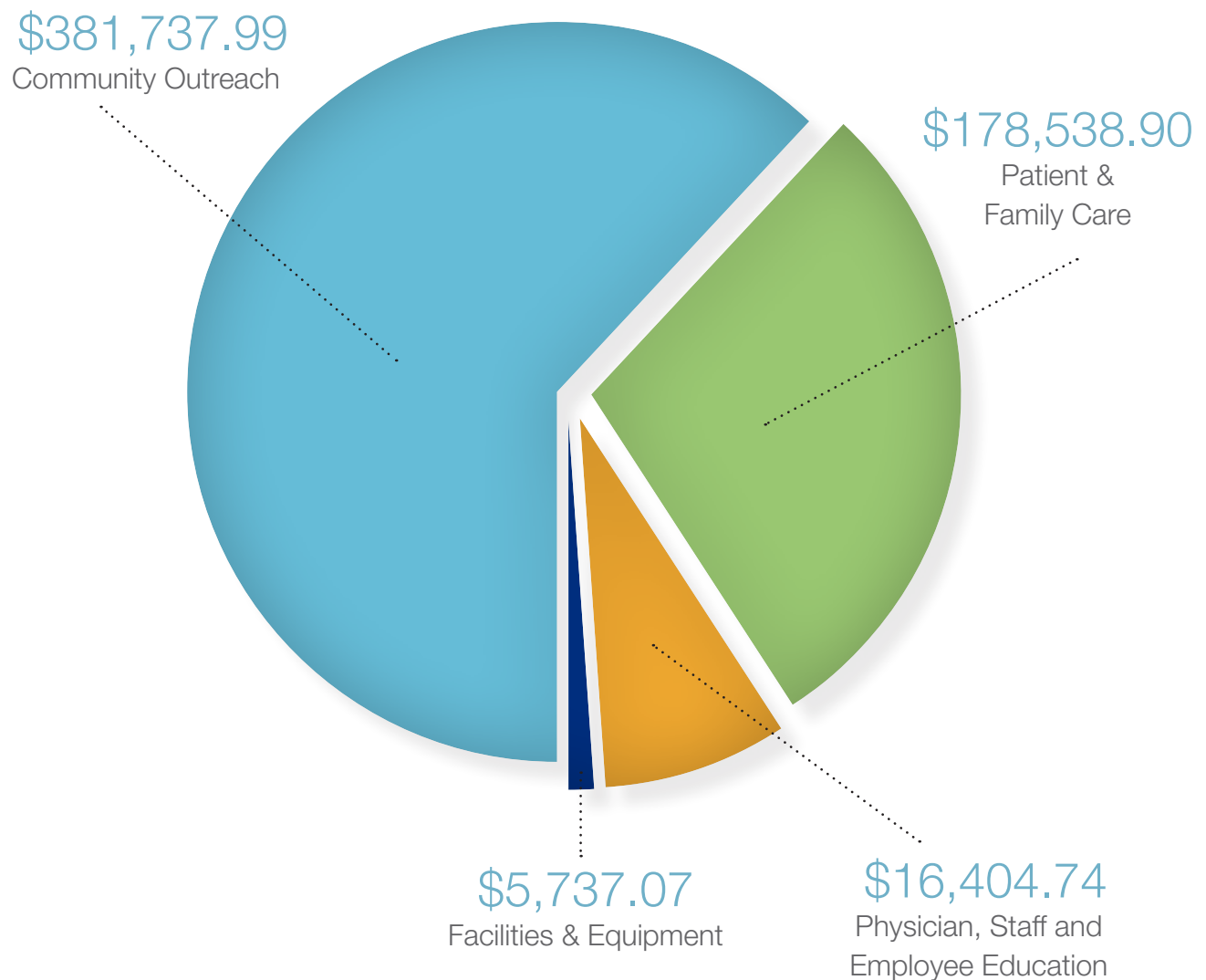
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