# 2019 • ANNUAL REPORT

In 2019, we focused on further establishing our presence in our community and hospitals and 2019 marks a tremendous year of patient care services for the Foundation thanks to our partners, volunteers and especially donors. We are so grateful for your support. You made a difference to the people we serve through Barnes-Jewish St. Peters and Progress West Foundation. Thanks to you we were able to give patients and caregivers positive experiences in

our hospitals.

Kateland Reese, a yoga instructor of classes at Siteman Cancer Center at Barnes-Jewish St. Peters Hospital describes how her

students are impacted by your support.

I asked one of the regular students yesterday how yoga has impacted her life and she said the things she's noticed the most is she breathes better. She is 82 years old, has COPD and a breast cancer survivor. She's pretty awesome.

Another student said that when she comes to yoga she just feels better. She notices she has more energy, she has a better mindset. This woman has breast cancer that has metastasized to the bone and shows up about each week.

Personally, these students are inspiring. They show up each week with a good attitude, eager to move, they check in with each other's wellbeing. This group supports each other and welcomes any new person. I am so grateful to be a part of this.

Like us, you believed our community has an unlimited potential for health. Thanks to your support and contributions, together we've helped a whole community find that hope for healthiness!

LIKE US, YOU BELIEVED HAS AN UNLIMITED HEALTH.



## **OUR MISSION:**

We exist because every person in our community ought to have the freedom to create a healthful life. To make this a reality, we champion effective pathways to accessing the best health care in the country.





## **2019** YEAR IN REVIEW

The Foundation contributes to the healing environment at Barnes-Jewish St. Peters Hospital, Progress West Hospital, Siteman Cancer Center at Barnes-Jewish St. Peters Hospital and the Advanced Wound Center by providing services that help reduce stress in order for patients, caregivers and families to focus on healing. We also reach beyond the hospital walls to provide preventative care and health support to our St. Charles County community.

#### PATIENT CARE FUND PROVIDED:

- Transportation services
- Meal program delivery
- Gift cards for groceries
- Ensure nutritional supplement drinks
- Mastectomy bras for patients at Siteman Cancer Center at Barnes-Jewish St. Peters Hospital
- Dental plates to protect the jaw from radiation therapy
- · Short-term housing

#### PATIENT EXPERIENCE FUND PROVIDED:

- KidsCan! A support group for children with a loved one going through cancer treatment
- Boutonnieres for patients graduating from radiation therapy
- Yoga classes at Siteman Cancer Center at Barnes-Jewish St. Peters Hospital
- Massage therapy for patients with cancer and their family members
- Horticulture therapy for patients, and an outdoor "Rejuvenation Station" for team members in partnership with the Missouri Botanical Garden
- Prostate cancer support group
- Pet therapy
- Caregiver fatigue programs for staff and families

#### COMMUNITY STRONG SUPPORT FUND PROVIDED:

- Health screenings and preventative care support
- A network of peer support via local businesses and social media
- · Educational programs and activities

## ASSETS

Cash and Equivalents .....\$5,000 Contribution Receivable, Net of Allowance - Investments - Primary .....\$947,000 Total Assets \$952,000

#### LIABILITES

Due to BJC HealthCare.....\$14,000

## **GRANTS PAYABLE**

BJC Affiliates .....\$39,000 Other Liabilities ......\$25,000 Total Liabilities \$78,000

#### NET ASSETS

#### **NET ASSETS WITHOUT RESTRICTIONS:**

Designated......\$11,000 Undesignated.....\$272,000 **Total Net Assets Without** 

Restrictions \$283,000

### **NET ASSETS WITH RESTRICTIONS:**

Donor Funds......\$314,000 BJC Funds.....\$277,000 Total Net Assets With Restrictions......\$591,000

Total Net Assets ......\$874,000



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