7TH ANNUAL
EMPLOYER WELLNESS SUMMIT 2021

AGENDA: Summit 2021

8:45-9:00 a.m.	Sign in to event site
9:00-9:15 a.m.	**Welcome** *Rich Liekweg, BJC HealthCare President and CEO* *Tim Pierce, Morrison Healthcare CEO* *June Fowler, BJC Senior Vice President of Communications, Marketing & Public Affairs*
9:15-9:20 a.m.	**Mindful Moment** *Cheryl Singsank, BJC HealthCare Consultant*
9:20-10:05 a.m.	**I'm Still Standing: Rising Up with Resilience in the Midst of Adversity** *Rachel Druckenmiller, MS, UNMUTED CEO, Speaker & Facilitator*
10:05-10:15 a.m.	Break – MOVE by BJC
10:15-11:00 a.m.	**A Vision for Equity Well-being** *Dr. Steven Player, BJC Vice President of Diversity, Equity & Inclusion* *Brian Passon, MS, Project 519 Facilitator*
11:00-11:10 a.m.	**Granola Madness Teaching Kitchen Experience:** *Follow along with Morrison Healthcare Executive Chef Nikki James and Registered Dietitian Leanne Timpone to create your own snack.*
11:10-11:45 a.m.	**Health Equity and Employee Wellness: Where everyone has a seat at the table** *Joy Ahern, Crystal Felten & Sarah Berres*
11:45 a.m.-12:20 p.m.	**Breakout Sessions Start** **Creating a Culture of Resiliency** *Nick Carson, BJC Senior Consultant for Learning & Development* ***Creating Connections: How Employee Resource Groups Can Keep Team Members Engaged*** *Amanda Mohl, BJC Workforce Diversity Coordinator* **Building Mental Well-being and Optimizing EAP** *Cynthia Hovis, BJC Clinical Supervisor* ***BJC Attendees Only – Getting our THRIVE on!*** *June Fowler, BJC Senior Vice President of Communications, Marketing & Public Affairs* *Trisha Vorachek, BJC Employee Wellness Manager* *Brian Passon, MS, Project 519 Facilitator*
12:20-12:30 p.m.	CLOSING COMMENTS *by June Fowler* *Apple Watch Giveaway — Must be present to win*

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