## **MEDICAL OFFICE STANDARDS**

## 403.303 BUILDING COMPONENTS, INTERIORS, FINISHES

This document contains requirements for finish elements for a medical office building and is in alignment with the UniFormat II, Level 2 classification – C30. The document is subdivided into the following parts per the UniFormat II, Level 3 classifications.

			UNIFOR	MAT II clas	sification	MoP
M	Level 1 ajor Elements	Gro	Level 2 oup Elements		Level 3 Individual Elements	Document Number
С	Interiors	C30	Finishes	C3010	Wall Finishes	
				C3020	Floor Finishes	402 202
				C3025	Base Finishes	403.303
				C3030	Ceiling Finishes	

<u>ELEMENT C3010, WALL FINISHES</u>. Includes general design requirements for finish surfaces on interior vertical surfaces. Specific items of note include:

- 1. Design requirements
- 2. Substrate requirements
- 3. Painting
- 4. Ceramic Tile
- 5. Plastic Paneling
- 6. Materials

<u>ELEMENT C3020, FLOOR FINISHES</u>. Includes general design requirements for interior flooring finishes. Specific items of note include:

- 1. Design requirements
- 2. Substrate requirements
- 3. Testing requirements
- 4. Moisture mitigation
- 5. Submittal requirements
- 6. Flooring material requirements
- 7. Installation requirements

<u>ELEMENT C3025</u>, <u>BASE FINISHES</u>. Includes general design requirements for the interior finishes at the intersection of walls and floors. Specific items of note include:

- 1. Base finishes
- 2. Materials
- 3. Submittal requirements



<u>ELEMENT C3030, CEILING FINISHES</u>. Includes general design requirements for the interior finishes of ceilings. Specific items of note include:

- 1. Ceiling finishes
- 2. Submittal requirements

# MANUAL OF PRACTICE

#### **ELEMENT C3010, WALL FINISHES**

(back to top)

#### PART 1 - GENERAL

#### 1.01 OVERVIEW

- A. This document includes requirements for paint, ceramic tile, wall coverings and other similar wall finishes for medical office buildings.
- B. Plastic paneling and supergraphics are also referenced in this document.
- C. Plastic sheet wall protection is referenced in 403.301, C1030.

#### PART 2 - DESIGN CRITERIA

#### 2.01 GENERAL

- A. The following general design criteria apply to both shell and core and tenant fit-out rooms of a medical office building.
- B. Specify wall finishes appropriate to project specific conditions and requirements.
  - 1. Paint is the most common finish for wall surfaces in a medical office.
  - 2. Ceramic tile walls are most often used as the wall surface in public restrooms and restrooms within the tenant space.
  - 3. Plastic paneling and plastic panel as a wall protection is addressed in the shell and core and tenant fit-out sections below.
  - 4. Vinyl wall coverings and other wall similar fabric-type materials are addressed in the shell and core and tenant fit-out sections below.
  - 5. Supergraphics in medical office buildings in either shell and core rooms or in the tenant areas are uncommon and not included within this document.
- C. Refer to Room Data Sheet for wall finish requirements by room.
- D. Coordinate wall finishes and colors with entity/tenant specific standards.
- E. Do not install vapor impervious finish materials on exterior walls in which the substrate is a paper-faced gypsum board.
- F. Rated walls shall be labeled according to BJC requirements. Refer to document 403.301.
- G. Paint standards for both shell and core and tenant fit out projects are based on products manufactured by The Sherwin Williams Company.

# **MANUAL OF PRACTICE**

### 2.02 SHELL AND CORE

- A. Painted Gypsum Board Wall Surfaces. The following table identifies approved paint systems for wall surfaces of shell and core rooms in a medical office.
  - 1. Typical Rooms. Most common rooms and those without excessive exposure to contact, abrasion, cleaning, humidity/moisture levels, chemicals and biological contaminants.
  - 2. Wet Rooms. Rooms with excessive exposure to higher humidity/moisture levels, and those that must withstand regular scrubbing and cleaning. Such rooms may include public rest rooms.

Table. Paint standards for wall surfaces in shell and core rooms within a medical office building.

Permit	ted" re	litionally equires pre- use by BJC	MEDICAL O	FFICE BUILDING								
Directo			SHELL AND CORE									
			Typical Rooms and Areas	Wet Rooms and Areas								
=		Approval status	Permitted	Permitted								
Gypsum Board Wall Surface	ystem	Comments	Latex, Standard	Latex, Standard								
m Board Surface	$\sim$	MPI level	G3 (eggshell)	G5 (semi-gloss)								
um P	Standard	Primer	Harmony, Interior Latex primer, B11	Harmony, Interior Latex primer, B11								
Gyps	Star	Intermediate Coat	Harmony Interior Latex Eg-Shel, B9	Harmony Interior Latex-Semi Gloss, XXX								
		Top Coat	Harmony Interior Latex Eg-Shel, B9	Harmony Interior Latex Semi-Gloss, XXX								

- B. Ceramic Tile (wall surface). Ceramic tile as a wall surface in shell and core rooms of a medical office building is generally limited to the public rest rooms. Typically, this includes the wet wall and side walls adjacent to toilets, urinals and sinks (in order to comply with code requirements for water-resistant surfaces adjacent to plumbing fixtures). The height of the tile shall be to a minimum height of 5'-0" above the floor, unless otherwise directed. The following table identifies ceramic tile types and describes their characteristics in accordance with the Tile Council of North America (TCNA) Handbook.
  - 1. Type. Ceramic tile in shell and core rooms of a medical office building shall be certified by the Porcelain Ceramic Tile Association (PCTA) as Porcelain type (porcelain clay body), glazed, impervious, shall meet the requirements of ASTM C373, shall be manufactured by either the extruded or pressed method, shall be either standard or large format size. Tiles that are not certified by PCTA as porcelain ceramic tile are not permitted. These permitted characteristics are represented by the shaded blue cells in the following table.



Table. Ceramic Tile Types for wall surfaces in shell and core rooms of medical office buildings including properties and characteristics in accordance with ANSI A137.1 and as the TCNA Handbook.

				_			_			_				_				
Highlighted cells rep type of tile used as w due to their low wate characteristics and du *Note: the body of the Wall Tile type is con- vitreous, however the an impervious finish, noted that the Glazed more susceptible to c cracking from impact the less dense and me tile body. It's use as limited to medical of tenant fit out projects ceramic tile types (approx. tile thickness)	all surfaces r absorption urability.  the Glazed sidered nonger glaze creates It should be Wall Tile is hipping and to due in part to ore absorptive a wall tile is fice building	Suitable for floor applications	Suitable for wall applications		natural clay body	porcelain clay body		Manufactured by pressed method	Manufactured by extruded method		Mosaic, surface area less than 9 sq. in.	Standard Format, surface area greater than 9 sq. in.	Large Format, surface area greater than 9 sq. in. and one edge measures more than 15"		Impervious (0.5% or less absorption)	Vitreous (0.5% to 3.0% absorption)	Semi-Vitreous (3.0% to 7.0% absorption)	Non-Vitreous (7.0% to 20.0% absorption)
Porcelain	glazed		X			X		X	X			X	X		X			
Torcciani	unglazed	X				X		X	X			X	X		X			
Pressed Floor	glazed		X		У	ζ.		X				X	X			X	X	X
Flessed Floor	unglazed	X			У	(		X				X	X			X	X	X
Mosaic	glazed		X		X	X		X	X		X				X	X	X	X
(1/4" to 3/8" thick)	unglazed	X	X		X	X		X	X		X				X	X	X	X
Quarry	glazed		X		X				X			X			X	X	X	
(3/8" to 3/4" thick)	unglazed	X			X				X			X			X	X	X	
Glazed Wall Tile *	glazed only		X					X				X			X			X

- 2. Grout. Where wall tile is used in the shell and core spaces of a medical office building, epoxy grout is required.
- 3. Substrate. Wall tile shall be backed with cementitious board, unless otherwise approved in writing by BJC Corporate Architect and BJC Design Project Manager.
- 4. Lighting on tile wall surfaces. Where designs include lighting a ceramic tile wall, location of such lighting fixtures shall not be directly above the tile. Severe lighting angles can create shadowing and cause the tile installation to appear out of plane and corners out of alignment (lippage). Therefore, where tile will be washed with light, locate the wall washing fixtures a minimum of 12" horizontally from the wall.
- 5. Layout. Layout tile designs and patterns so that cut tiles are no less than 2" in any dimension.
- C. Vinyl wall coverings are only permitted in the shell and core rooms of a medical office with approval from BJC Director of Design. Where encountered in renovation projects, Design Professional shall coordinate with BJC Design Project Manager for extent of removal, including areas that may be beyond the immediate scope and limits of construction.



D. BJC Director of Design shall approve use of supergraphics in the shell and core rooms of a medical office.

#### 2.03 TENANT FIT OUT

- A. Painted Gypsum Board Wall Surfaces. The table identifying approved paint systems for tenant fit out rooms of a medical office building.
  - 1. Typical Rooms. Most common rooms and those without excessive exposure to contact, abrasion, cleaning, humidity/moisture levels, chemicals and biological contaminants.
  - 2. Wet Rooms. Rooms with excessive exposure to higher humidity/moisture levels, and those that must withstand regular scrubbing and cleaning. Such rooms may include rest rooms.

Table. Paint standards for wall surfaces in tenant fit out rooms within a medical office building.

Permit	ted" re al of u	equires pre- se by BJC design.		FFICE BUILDING  NT FIT OUT
			Typical Rooms and Areas	Wet Rooms and Areas
11		Approval status	Permitted	Permitted
Gypsum Board Wall Surface	ystem	Comments	Latex, Standard	Latex, Standard
m Board Surface	$\sim$	MPI level	G3 (eggshell)	G5 (semi-gloss)
um I Sur	Standard	Primer	Harmony, Interior Latex primer, B11	Harmony, Interior Latex primer, B11
Gyps	Sta	Intermediate Coat	Harmony Interior Latex Eg-Shel, B9	Harmony Interior Latex-Semi Gloss, XXX
		Top Coat	Harmony Interior Latex Eg-Shel, B9	Harmony Interior Latex Semi-Gloss, XXX

- B. Ceramic Tile (wall surface). Ceramic tile as a wall surface in tenant fit out rooms of a medical office building is generally limited to the rest rooms. Typically, this includes the wet wall and side walls adjacent to toilets, urinals and sinks (in order to comply with code requirements for water-resistant surfaces adjacent to plumbing fixtures). The height of the tile shall be a minimum of 5'-0" a.f.f. unless otherwise directed.
  - 1. Type. Ceramic tile in shell and core rooms of a medical office building are permitted to be Glazed Wall Tile type.



Table. Ceramic Tile Types for wall surfaces in tenant fit out rooms of medical office buildings including properties and characteristics in accordance with ANSI A137.1 and as the TCNA Handbook.

				-											
Highlighted cells rep type of tile used as w due to their low wate characteristics.  *Note: the body of t Wall Tile type is con vitreous, however the an impervious finish, noted that the Glazed more susceptible to c cracking from impac the less dense and me tile body. It's use as limited to medical of tenant fit out projects	Suitable for floor applications	for wall applications		natural clay body	porcelain clay body	Manufactured by pressed method	Manufactured by extruded method	Mosaic, surface area less than 9 sq. in.	Standard Format, surface area greater than 9 sq. in.	Large Format, surface area greater than 9 sq. in. and one edge measures more than 15"	Impervious (0.5% or less absorption)	Vitreous (0.5% to 3.0% absorption)	reous (3.0% to 7.0% absorption)	Non-Vitreous (7.0% to 20.0% absorption)	
ceramic tile types (approx. tile thickness)	surface coating	Suitable	Suitable for		natural c	porcelair	Manufac	Manufac	Mosaic,	Standard	Large Fo one edge	Impervic	Vitreous	Semi-Vitreous	Non-Vitr
D 1:	glazed		X			X	X	X		X	X	X			
Porcelain	unglazed	X				X	X	X		X	X	X			
Pressed Floor	glazed		X		Χ		X			X	X		X	X	X
Pressed Floor	unglazed	X			Χ	ζ.	X			X	X		X	X	X
Mosaic	glazed		X		X	X	X	X	X			X	X	X	X
(1/4" to 3/8" thick)	unglazed	X	X		X	X	X	X	X			X	X	X	X
Quarry	glazed		X		X			X		X		X	X	X	
(3/8" to 3/4" thick)	unglazed	X			X			X		X		X	X	X	
Glazed Wall Tile *	glazed only		X				X			X		X			X

- 2. Grout. Where wall tile is used in the tenant fit out spaces of a medical office building, standard grout is permitted
- 3. Substrate. Wall tile shall be backed with a glass-mat water-resistant gypsum core or fiber cement tile backer board.
- 4. Layout. Layout tile designs and patterns so that cut tiles are no less than 2" in any dimension.
- C. Vinyl wall coverings. Typically limited to use in waiting rooms. Use of vinyl wall covering on an exterior wall is not permitted. Where existing vinyl wall coverings are encountered in renovation projects, Design Professional shall coordinate with BJC Design Project Manager for extent of removal, including areas that may be beyond the immediate scope and limits of construction.
  - 1. BJC Medical Group. Vinyl wall coverings are uncommon, but permitted in limited applications such as waiting rooms.
  - 2. BJC Hospital department (as a tenant in a medical office). Vinyl wall coverings are uncommon, but permitted in limited applications such as waiting rooms.



- 3. Washington University Physician Group. Coordinate with Washington University Physician Group.
- 4. Private practice physician. Coordinate use of wall coverings with the private practice physician if requested.

## PART 3 - SPECIAL CONTRACT DOCUMENT REQUIREMENTS

#### 3.01 GENERAL

A. Properly detail transitions between changes in wall finishes. This includes both horizontal and vertical transitions.

#### 3.02 PAINT

A. Project specifications should refer to the Master Painters Institute (MPI) standards for product and execution requirements.

### PART 4 - PRODUCTS

#### 4.01 PAINT

A. Paint products manufactured by The Sherwin Williams Company will only be specified for BJC projects. No substitutions permitted.

#### 4.02 CERAMIC TILE

A. Where porcelain tile is required, product must meet the requirements of ASTM C373, and be certified by the Porcelain Ceramic Tile Association (PCTA).

End of C3010 – Wall Finishes

(back to top)



### **ELEMENT C3020 – FLOOR FINISHES**

(back to top)

#### PART 1 - GENERAL

#### 1.01 OVERVIEW

- A. This document includes carpet, ceramic tile, stone flooring, resilient flooring, resinous flooring systems, terrazzo, concrete sealers and other floor finishes.
- B. This document includes moisture mitigation systems for concrete slabs.
- C. This document includes floor expansion joint requirements.
- D. This document references floor levelness requirements.
- E. Refer to and include in Project documents the "Flooring Scope of Work Checklist" as provided in Chapter 7, Specification Masters, Division 00.

#### PART 2 - DESIGN CRITERIA

#### 2.01 GENERAL

- A. The following general design criteria apply to both shell and core and tenant fit-out rooms of a medical office building.
- B. Specify floor finishes appropriate to project specific conditions and requirements.
  - 1. Coordinate requirements with Chapter 1, Flooring Guideline.
  - 2. Coordinate with Room Data Sheets for floor finishes by room.
  - 3. Coordinate floor finish materials with BJC Design Project Manager.
- C. Coordinate floor finish patterns and colors BJC Design Project Manager, Director of Design and with entity finish standards.
- D. Selection of floor finishes is an important design effort that must include, but not necessarily be limited to, considerations for cleanliness, slip-resistance, durability, maintenance, and mobility (walking and wheeled) requirements.



Table. Types of permitted floor coverings within a medical office building.

BJC D	irector of Design)	quires pre-approval of use by		MEDICA	L OFFICE BU	JILDING	
	ecommended		SHELL		TENANT	FIT OUT	
P Permit R Recom	ted mended		AND CORE	BJC Medical Group	Hospital Department	Washington Universtiy Physician Group	Private physician
	Porcelain	glazed	NP	NP	NP	NR	NR
	Porceiain	unglazed	P	P	P	R	R
	D 1 E1	glazed	NP	NP	NP	NR	NR
Ceramic	Pressed Floor	unglazed	NP	NP	NP	NR	NR
Tile	Mosaic	glazed	NP	NP	NP	NR	NR
	Mosaic	unglazed	NP	NP	NP	NR	NR
	0	glazed	NP	NP	NP	NR	NR
	Quarry	unglazed	NP	NP	NP	NR	NR
	Glazed Wall Tile	glazed	NP	NP	NP	NR	NR
	Rubber Tile	•	NP	NP	NP	NR	NR
Resilient Tile	Vinyl Tile	VCT	СР	CP	CP	R	R
	Villyl The	SVT (LVT)	P	P	P	R	R
	Rubber Sheet		NP	NP	NP	NR	NR
Resilient Sheet	Vinyl Sheet	backed	NP	NP	NP	NR	NR
	Vinyi Sheet	unbacked	NP	NP	NP	NR	NR
Tile Carpet			P	P	P	R	R
Sheet Carpe	t		NP	NP	NP	NR	NR
Resinous Fl	ooring		NP	NP	NP	NR	NR
Stone Tile F	looring		NP	NP	NP	NR	NR
Cork Floori	ng		NP	NP	NP	NR	NR
Linoleum			NP	NP	NP	NR	NR
Wood Floor	ring		NP	NP	NP	NR	NR
Static-Contr	ol Resilient Flooring		NP	NP	NP	NR	NR
Resilient At	hletic Flooring		NP	NP	NP	NR	NR
Terrazzo			NP	NP	NP	NR	NR

- E. Expansion Joints. Design spaces and areas with consideration for existing and new floor expansion joints. Layout spaces so as to minimize the number of times floor expansion joints occur and where they cross traffic areas. Review floor expansion joint locations with BJC Design Project Manager and Corporate Architect.
  - 1. Joint Design. Coordinate joint design with the anticipated types of traffic including walkers, wheelchairs, wheeled equipment, and other mobility assisting devices. Recessed type joint covers that create a flush condition across both sides of the joint and flush to the joint cover are required. Use of



- surface mounted and raised expansion joint covers shall be approved in writing by BJC Design Project Manager and Corporate Architect.
- 2. Flush Joint Covers in Existing Concrete Slabs. Where existing concrete slab edges at an expansion joint are not constructed to receive flush joint covers, the following methods should be considered and reviewed with BJC Design Project Manager and Corporate Architect.
  - a. Preferred method. Remove portion of existing slab edges either side of joint as necessary to install joint system flush. Existing slabs must be evaluated for fire separation requirements, embedded items, and structural integrity.
  - b. Optional method. Float floors with floor leveling material either side of joint so that the face of the joint cover and the floor surfaces on either side are flush conditions.
- F. All floor coverings can be affected by excessive moisture. Design Professional must consider the materials and systems to be used and develop a comprehensive strategy for ensuring the successful installation of finished floors. Coordinate with BJC Corporate Architect. Coordinate with manufacturers' requirements for all materials to be installed as the total flooring system.

#### 2.02 SHELL AND CORE

- A. Architect shall submit a binder containing approved interior material control samples at the completion of design for each flooring type, pattern and color.
- B. Substrate Requirements.
  - 1. Newly Placed Concrete Slabs. Moisture testing, flatness testing, slab preparation for moisture mitigation, and moisture mitigation as described below are all required for newly placed concrete slabs in shell and core areas of medical office buildings that will receive floor finishes.
    - a. Moisture Testing. While newly placed slabs will not be dry enough for flooring to be installed without mitigation, perform moisture testing for areas to receive floor coverings to establish baseline conditions and provide test results to BJC Project Manager and BJC Corporate Architect. Frequency of tests should be discussed with BJC Project Manager and may not need to comply with the prescriptive requirements identified in the ASTM standards since all new concrete slabs that will receive floor finishes will receive topical moisture mitigation system that complies with BJC requirements, regardless of the results of the moisture tests.
      - 1) Alkalinity. ASTM F710 (requirements referenced in ASTM F710).
      - 2) Emission Rate. ASTM F1869, Standard Test Method for Measuring Moisture Vapor Emission Rate of Concrete Subfloor Using Anhydrous Calcium Chloride.

# MANUAL OF PRACTICE

- Relative Humidity. ASTM F2170, Standard Test Method for Determining Relative Humidity in Concrete Floor Slabs Using in situ Probes.
- b. Flatness Testing. Before installing finished flooring, concrete slabs must be tested in accordance with the straightedge method. Where floor slabs exceed 1/4" in 10', provide cementitious floor fill in areas as required to achieve the flatness identified. Include in project specifications criteria for identifying a unit cost for floor fill. Refer to Unit Costs specification in Chapter 7. Note that this test, while somewhat related, is not the same as is required of the concrete slabs for floor flatness and floor levelness after slabs are placed.
- c. Slab Preparation. Prepare slabs to receive topical moisture mitigation system.
  - Remove by mechanical means (sand, grind, and bead-blast) all curing agents, sealers, chemical compounds, foreign materials, floor coatings and compounds (including but not limited to those that contain soap, wax, oil and/or silicone). Do not use chemicals and/or solvents to remove such materials.
  - 2) Prepare concrete surface by mechanical means (bead-blasting) to a minimum concrete surface profile of 3 (per International Concrete Repair Institute, CSP 3) and as required by manufacturer's requirements.
  - 3) Install primers and leveling material according as required by manufacturer and project specific conditions.
- d. Install topical moisture mitigation system. Install topical moisture mitigation system per manufacturer's requirements. See Flooring Guideline for list of BJC approved manufacturers.
- 2. Existing Concrete Slabs. Moisture testing, flatness testing, and general slab preparation, is required for existing concrete slabs in shell and core areas of medical office buildings that will receive floor finishes. When any one moisture test result exceeds the limits identified, slab preparation for moisture mitigation and installation of a topical moisture mitigation system is required.
  - Moisture Testing. Test slabs according to the requirements identified below. Provide test results to BJC Project Manager and BJC Corporate Architect.
    - 1) Alkalinity. ASTM F710 (requirements referenced in ASTM F710). 9.0 ph or less is required.
    - Emission Rate. ASTM F1869, Standard Test Method for Measuring Moisture Vapor Emission Rate of Concrete Subfloor Using Anhydrous Calcium Chloride. Maximum permissible rate is 3lbs/1,000 sf/24 hours.



- 3) Relative Humidity. ASTM F2170, Standard Test Method for Determining Relative Humidity in Concrete Floor Slabs Using in situ Probes. Maximum permissible relative humidity level is 75%.
- b. Flatness Testing. Before installing finished flooring, concrete slabs must be tested in accordance with the straightedge method. Where floor slabs exceed 1/4" in 10', provide cementitious floor fill in areas as required to achieve the flatness identified. Include in project specifications criteria for identifying a unit cost for floor fill. Refer to Unit Costs specification in Chapter 7. Note that this test, while somewhat related, is not the same as is required of the concrete slabs for floor flatness and floor levelness after slabs are placed.
- c. General Slab Preparation.
  - 1) Remove by mechanical means (sand, grind, and bead-blast) all curing agents, sealers, chemical compounds, foreign materials, floor coatings and compounds (including but not limited to those that contain soap, wax, oil and/or silicone). Petroleum-based construction layout markings (including but not limited to Sharpies, grease pens or pencils, spray paint, etc.) and petroleum-based spills on concrete floors shall be removed completely by bead blasting (to prevent ghosting of the markings through to the floor surface). Do not use chemicals and/or solvents to remove such materials.
- d. Slab Preparation for Topical Moisture Mitigation. Prepare slabs to receive topical moisture mitigation system.
  - Prepare concrete surface by mechanical means (bead-blasting) to a minimum concrete surface profile of 3 (per International Concrete Repair Institute, CSP 3) and as required by manufacturer's requirements.
  - 2) Install primers and leveling material according as required by manufacturer and project specific conditions.
- e. Install topical moisture mitigation system. Install topical moisture mitigation system per manufacturer's requirements. See Flooring Guideline for list of BJC approved manufacturers.
- C. Ceramic Tile Flooring. Ceramic Tile Flooring is categorized in one of the 5 major types of ceramic tile that meet ANSI A137.1 and as defined in accordance with the TCNA Handbook. Refer to the Flooring Guideline for additional information and requirements. Ceramic Tile flooring is approved for interior use within this building type. Locations include but are not necessarily limited to public bathrooms. In some instances, ceramic tile may be used in main floor lobby areas.
  - 1. Ceramic Tile Type. Unglazed, Porcelain ceramic tile, certified by the Porcelain Tile Certification Agency (PTCA). Standard format size is preferred due to increased grout area for slip resistance. Large format conditionally permitted with approval from BJC Director of Design.



Table. Ceramic Tile Types for floor surfaces in shell and core rooms of medical office buildings including properties and characteristics in accordance with ANSI A137.1 and as the TCNA Handbook.

characteristics in acc				_					_				_				
Highlighted cells rep type of tile used as fl in shell and core area office building due to water absorption cha and durability.  *Note: the body of tl Wall Tile type is con vitreous, however the an impervious finish, noted that the Glazed more susceptible to a cracking from impac the less dense and me tile body. It's use as limited to medical of tenant fit out projects ceramic tile types (approx. tile thickness)	oor surfaces is of a medical of their low racteristics the Glazed sidered none e glaze creates. It should be I Wall Tile is chipping and to the in part to ore absorptive a wall tile is fice building	Suitable for floor applications	Suitable for wall applications		natural clay body	porcelain clay body	Manufactured by pressed method	Manufactured by extruded method		Mosaic, surface area less than 9 sq. in.	Standard Format, surface area greater than 9 sq. in.	Large Format, surface area greater than 9 sq. in. and one edge measures more than 15"		Impervious (0.5% or less absorption)	Vitreous (0.5% to 3.0% absorption)	Semi-Vitreous (3.0% to 7.0% absorption)	Non-Vitreous (7.0% to 20.0% absorption)
Porcelain	glazed		X			X	X	X			X	X		X			
Porceiam	unglazed	X				X	X	X			X	X		X			
D 15	glazed		X		Χ		X				X	X			X	X	X
Pressed Floor	unglazed	X			Х	ζ.	X				X	X			X	X	X
Mosaic	glazed		X		X	X	X	X		X				X	X	X	X
(1/4" to 3/8" thick)	unglazed	X	X		X	X	X	X		X				X	X	X	X
Quarry	glazed		X		X			X			X			X	X	X	
(3/8" to 3/4" thick)	unglazed	X			X			X			X			X	X	X	
Glazed Wall Tile *	glazed only		X				X				X			X			X

- 2. Epoxy grout is required for all tile flooring. There are no exceptions to this requirement. Grout sealers are incompatible with epoxy grout and therefore are not required.
- 3. Tile flooring and installation shall comply with the latest edition of the TCNA Handbook for Ceramic, Glass, and Stone Tile Installation.
- 4. Waterproofing and Crack Isolation. Use of a fabric-reinforced, fluid-applied system is required beneath all tile flooring installations.
  - a. Material type: Liquid latex rubber or elastomeric polymer with a fabric reinforcement membrane.
  - b. Membrane/system selection shall be reviewed by BJC Corporate Architect and Design Project Manager. Coordination with substrates, existing conditions, project characteristics and finished flooring is required.
  - c. Membrane shall extend up walls a minimum of 6" above finished floor.

# **MANUAL OF PRACTICE**

- D. Resilient Tile Flooring. The classification of resilient tile flooring includes those made from rubber and those made from vinyl. See below for approval of use.
  - 1. Rubber tile floor coverings are not permitted in shell and core areas of medical office buildings unless otherwise approved in writing by BJC Director of Design.
  - 2. Vinyl tile flooring are further classified as solid vinyl or vinyl composition tile (VCT) types. Their approval for interior use in shell and core areas of a medical office building is as follows.
    - a. Vinyl composition tiles (VCT) requires routine maintenance of the wearing layer. As such, its use in the shell and core rooms of a medical office building type is limited to non-public, building support type spaces. Use of VCT beyond those building support areas must be approved by BJC Director of Design.
      - 1) Minimum thickness shall be 0.125 in.
      - 2) Vinyl composite tile floors shall receive floor polish as recommended by flooring manufacturer. Floor polish shall be provided and applied by Owner's housekeeping group at the completion of the project unless otherwise directed.
    - b. Solid vinyl tile, which includes luxury vinyl tile (LVT), is approved for use in shell and core areas of a medical office building.
      - 1) Minimum tile thickness shall be 0.125 in.
      - Do not seal or wax solid vinyl tile. If required by manufacturer, coordinate requirements with BJC Corporate Architect and BJC Director of Design.
  - 3. Adhesives. Provide adhesives in accordance with the traffic conditions described. Adhesive type shall be used throughout entire room and not limited to isolated areas or portions of a room.
    - a. Provide standard clear thin spread adhesive for light to moderate foot and wheeled traffic areas.
    - b. Provide epoxy adhesive for moderate to heavy foot and wheeled traffic areas.
  - 4. Layouts and Patterns. Patterns and layouts of resilient tile flooring shall be clearly communicated in the drawings. Approval of layout and pattern by BJC Design Project Manager is required. In general, the following conditions apply.
    - a. Corridor locations, LVT planks shall be oriented so as to run parallel to the length of the corridor.



- b. Waiting rooms, niches and similar areas off corridors shall be an accent color.
- E. Tile Carpet Flooring. This type of floor covering is common for shell and core rooms of a medical office building, including public corridors.
- F. The following types of floor coverings must be approved by BJC Director of Design for use in shell and core rooms of a medical office building.
  - 1. Resilient Sheet Flooring
  - 2. Sheet Carpet
  - 3. Resinous Flooring
  - 4. Stone Tile Flooring
  - 5. Cork Flooring
  - 6. Linoleum
  - 7. Wood Flooring
  - 8. Static-Control Resilient Flooring
  - 9. Resilient Athletic Flooring
  - 10. Terrazzo Flooring

#### 2.03 TENANT FIT OUT

- A. Architect shall submit a binder containing approved interior material control samples at the completion of design for each flooring type, pattern and color.
- B. Substrate Requirements.
  - 1. Newly Placed Concrete Slabs. Moisture testing, flatness testing, slab preparation for moisture mitigation, and moisture mitigation as described below are all required for newly placed concrete slabs in tenant fit out areas of medical office buildings that will receive floor finishes.
    - a. Moisture Testing. While newly placed slabs will not be dry enough for flooring to be installed without mitigation, perform moisture testing for areas to receive floor coverings to establish baseline conditions and provide test results to BJC Project Manager and BJC Corporate Architect. Frequency of tests should be discussed with BJC Project Manager and may not need to comply with the prescriptive requirements identified in the ASTM standards since all new concrete slabs that will receive floor finishes will receive topical moisture mitigation system that complies with BJC requirements, regardless of the results of the moisture tests.
      - 1) Alkalinity. ASTM F710 (requirements referenced in ASTM F710).
      - Emission Rate. ASTM F1869, Standard Test Method for Measuring Moisture Vapor Emission Rate of Concrete Subfloor Using Anhydrous Calcium Chloride.
      - 3) Relative Humidity. ASTM F2170, Standard Test Method for Determining Relative Humidity in Concrete Floor Slabs Using in situ Probes.

# **MANUAL OF PRACTICE**

- b. Flatness Testing. Before installing finished flooring, concrete slabs must be tested in accordance with the straightedge method. Where floor slabs exceed 1/4" in 10', provide cementitious floor fill in areas as required to achieve the flatness identified. Include in project specifications criteria for identifying a unit cost for floor fill. Refer to Unit Costs specification in Chapter 7. Note that this test, while somewhat related, is not the same as is required of the concrete slabs for floor flatness and floor levelness after slabs are placed.
- c. Slab Preparation. Prepare slabs to receive topical moisture mitigation system.
  - Remove by mechanical means (sand, grind, and bead-blast) all curing agents, sealers, chemical compounds, foreign materials, floor coatings and compounds (including but not limited to those that contain soap, wax, oil and/or silicone). Do not use chemicals and/or solvents to remove such materials.
  - 2) Prepare concrete surface by mechanical means (bead-blasting) to a minimum concrete surface profile of 3 (per International Concrete Repair Institute, CSP 3) and as required by manufacturer's requirements.
  - 3) Install primers and leveling material according as required by manufacturer and project specific conditions.
- d. Install topical moisture mitigation system. Install topical moisture mitigation system per manufacturer's requirements. See Flooring Guideline for list of BJC approved manufacturers.
- 2. Existing Concrete Slabs. Moisture testing, flatness testing, and general slab preparation, is required for existing concrete slabs in tenant fit out areas of medical office buildings that will receive floor finishes. When any one moisture test result exceeds the limits identified, slab preparation for moisture mitigation and installation of a topical moisture mitigation system is required.
  - Moisture Testing. Test slabs according to the requirements identified below. Provide test results to BJC Project Manager and BJC Corporate Architect.
    - 1) Alkalinity. ASTM F710 (requirements referenced in ASTM F710). 9.0 ph or less is required.
    - 2) Emission Rate. ASTM F1869, Standard Test Method for Measuring Moisture Vapor Emission Rate of Concrete Subfloor Using Anhydrous Calcium Chloride. Maximum permissible rate is 3lbs/1.000 sf/24 hours.
    - 3) Relative Humidity. ASTM F2170, Standard Test Method for Determining Relative Humidity in Concrete Floor Slabs Using in situ Probes. Maximum permissible relative humidity level is 75%.
  - b. Flatness Testing. Before installing finished flooring, concrete slabs must be tested in accordance with the straightedge method. Where floor slabs



exceed 1/4" in 10', provide cementitious floor fill in areas as required to achieve the flatness identified. Include in project specifications criteria for identifying a unit cost for floor fill. Refer to Unit Costs specification in Chapter 7. Note that this test, while somewhat related, is not the same as is required of the concrete slabs for floor flatness and floor levelness after slabs are placed.

- c. General Slab Preparation.
  - 1) Remove by mechanical means (sand, grind, and bead-blast) all curing agents, sealers, chemical compounds, foreign materials, floor coatings and compounds (including but not limited to those that contain soap, wax, oil and/or silicone). Petroleum-based construction layout markings (including but not limited to Sharpies, grease pens or pencils, spray paint, etc.) and petroleum-based spills on concrete floors shall be removed completely by bead blasting (to prevent ghosting of the markings through to the floor surface). Do not use chemicals and/or solvents to remove such materials.
- d. Slab Preparation for Topical Moisture Mitigation. Prepare slabs to receive topical moisture mitigation system.
  - Prepare concrete surface by mechanical means (bead-blasting) to a minimum concrete surface profile of 3 (per International Concrete Repair Institute, CSP 3) and as required by manufacturer's requirements.
  - 2) Install primers and leveling material according as required by manufacturer and project specific conditions.
- e. Install topical moisture mitigation system. Install topical moisture mitigation system per manufacturer's requirements. See Flooring Guideline for list of BJC approved manufacturers.
- C. Ceramic Tile Flooring. Ceramic Tile Flooring is categorized in one of the 5 major types of ceramic tile that meet ANSI A137.1 and as defined in accordance with the TCNA Handbook. Refer to the Flooring Guideline for additional information and requirements. Ceramic Tile flooring is approved for interior use in tenant areas of medical office buildings and typically used in the bathrooms.
  - 1. Ceramic Tile Type. Unglazed, Porcelain ceramic tile, certified by the Porcelain Tile Certification Agency (PTCA). Standard format size is preferred due to increased grout area for slip resistance. Large format conditionally permitted with approval from BJC Director of Design.



Table. Ceramic Tile Types for floor surfaces in tenant fit out rooms of medical office buildings including properties and characteristics in accordance with ANSI A137.1 and as the TCNA Handbook.

	oraunce will Al			-			oon.		_							
Highlighted cells rep type of tile used as fl tenant fit out areas of office building due to water absorption cha and durability.  *Note: the body of the Wall Tile type is con- vitreous, however the an impervious finish, noted that the Glazed more susceptible to a cracking from impac- the less dense and me tile body. It's use as limited to medical of tenant fit out projects ceramic tile types (approx. tile thickness)	oor surfaces a medical b their low racteristics  the Glazed sidered non- e glaze creates It should be Wall Tile is thipping and t due in part to ore absorptive a wall tile is fice building	Suitable for floor applications	Suitable for wall applications		natural clay body	porcelain clay body	Manufactured by pressed method	Manufactured by extruded method		Mosaic, surface area less than 9 sq. in.	Standard Format, surface area greater than 9 sq. in.	Large Format, surface area greater than 9 sq. in. and one edge measures more than 15"	Impervious (0.5% or less absorption)	Vitreous (0.5% to 3.0% absorption)	Semi-Vitreous (3.0% to 7.0% absorption)	Non-Vitreous (7.0% to 20.0% absorption)
D 1:	glazed		X			X	X	X			X	X	X			
Porcelain	unglazed	X				X	X	X			X	X	X			
D 1E	glazed		X		Х		X				X	X		X	X	X
Pressed Floor	unglazed	X			Х		X				X	X		X	X	X
Mosaic	glazed		X		X	X	X	X		X			X	X	X	X
(1/4" to 3/8" thick)	unglazed	X	X		X	X	X	X		X			X	X	X	X
Quarry	glazed		X		X			X			X		X	X	X	
(3/8" to 3/4" thick)	unglazed	X			X			X			X		X	X	X	
Glazed Wall Tile *	glazed only		X				X				X		X			X

- 2. Standard grout is permitted, however epoxy grout is preferred. Grout sealers are required with standard grout. Grout sealers are incompatible with epoxy grout and therefore are not required.
- 3. Tile flooring and installation shall comply with the latest edition of the TCNA Handbook for Ceramic, Glass, and Stone Tile Installation.
- 4. Waterproofing and Crack Isolation. Use of a fabric-reinforced, fluid-applied system is required beneath all tile flooring installations.
  - a. Material type: Liquid latex rubber or elastomeric polymer with a fabric reinforcement membrane.
  - b. Membrane/system selection shall be reviewed by BJC Corporate Architect and Design Project Manager. Coordination with substrates, existing conditions, project characteristics and finished flooring is required.
  - c. Membrane shall extend up walls a minimum of 6" above finished floor.

# **MANUAL OF PRACTICE**

- D. Resilient Tile Flooring. The classification of resilient tile flooring includes those made from rubber and those made from vinyl. See below for approval of use.
  - 1. Rubber tile floor coverings are not permitted in tenant fit out areas of medical office buildings unless otherwise approved in writing by BJC Director of Design.
  - 2. Vinyl tile flooring are further classified as solid vinyl or vinyl composition tile (VCT) types. Their approval for interior use in tenant fit out areas of a medical office building is as follows.
    - a. Vinyl composition tiles (VCT) is approved for use.
      - 1) Minimum thickness shall be 0.125 in.
      - 2) Vinyl composite tile floors shall receive floor polish as recommended by flooring manufacturer.
    - b. Solid vinyl tile, which includes luxury vinyl tile (LVT), is approved for use.
      - 1) Minimum tile thickness shall be 0.125 in.
      - 2) Do not seal or wax solid vinyl tile. If required by manufacturer, coordinate requirements with BJC Corporate Architect and BJC Director of Design.
  - 3. Adhesives. Provide adhesives in accordance with the traffic conditions described. Adhesive type shall be used throughout entire room and not limited to isolated areas or portions of a room.
    - a. Provide standard clear thin spread adhesive for light to moderate foot and wheeled traffic areas.
    - b. Provide epoxy adhesive for moderate to heavy foot and wheeled traffic areas.
  - 4. Layouts and Patterns. Patterns and layouts of resilient tile flooring shall be clearly communicated in the drawings. Approval of layout and pattern by BJC Design Project Manager is required.
- E. Tile Carpet Flooring. This type of floor covering is common for tenant fit out rooms within a medical office building. It's use as a floor covering in waiting rooms and corridors is common.
- F. The following types of floor coverings must be approved by BJC Director of Design for use in tenant fit out rooms of a medical office building.
  - 1. Resilient Sheet Flooring
  - 2. Sheet Carpet
  - 3. Resinous Flooring

# MANUAL OF PRACTICE

- 4. Stone Tile Flooring
- 5. Cork Flooring
- 6. Linoleum
- 7. Wood Flooring
- 8. Static-Control Resilient Flooring
- 9. Resilient Athletic Flooring
- 10. Terrazzo Flooring

### PART 3 - SPECIAL CONTRACT DOCUMENT REQUIREMENTS

#### 3.01 GENERAL

- A. Refer to Flooring Guideline for additional documentation requirements.
- B. Flooring Installation Scope of Work Checklist is included in the specification masters and should be included in every project with slab prep, demolition or new flooring installation activities. Complete the checklist prior to commencing any flooring activity and submit to BJC Design Project Manager for review.
- C. Where multiple floor finishes occur or where specific patterning and layout is important, provide interior floor finish plans indicating material type and locations. Dimension finish plan complete with work points or match lines as required.
- D. Unless otherwise directed, furnish a minimum of 5% extra materials to owner at completion of project for each type of size, pattern, color used. Extra material shall be packaged with protective covering and identified with labels describing contents and project information. Coordinate exact amount of extra materials with Owner's requirements and project size.

### PART 4 - PRODUCTS

#### 4.01 GENERAL

A. Coordinate with entity specific standards regarding acceptable manufacturers and products.

End of C3020 – Floor Finishes

(back to top)

# MANUAL OF PRACTICE

#### ELEMENT C3025 – BASE FINISHES

(back to top)

#### PART 1 - GENERAL

#### 1.01 OVERVIEW

A. This document includes wall base finishes based on specific floor types.

#### PART 2 - DESIGN CRITERIA

#### 2.01 GENERAL

- A. The following general design criteria apply to both shell and core and tenant fit-out rooms of a medical office building.
- B. Coordinate with Chapter 1 Flooring Guideline for approved flooring types by room.
- C. Coordinate wall base finishes with entity specific standards.
- D. Architect shall submit a binder containing approved interior material control samples at the completion of design for each wall base type and color.
- E. Specify wall base material appropriate to project specific conditions and requirements. Coordinate with entity and BJC project manager.
- F. Resilient base shall meet the requirements of ASTM F 1861.
  - 1. Type: TP, rubber, thermoplastic only is approved. Type TV, vinyl, thermoplastic is acceptable only when approved by BJC Director of Design.
  - 2. Manufacturing Method: Group I (solid, homogeneous)
  - 3. Style: Cove (base with toe)
  - 4. Minimum Thickness: 0.125 inch (3.2 mm)
  - 5. Height: Typical minimum base height shall be 4 inches (102 mm).
  - 6. Lengths: Coils in manufacturer's standard length.
  - 7. Inside and Outside Corners: Job formed or pre-formed.
  - 8. Finish: Satin

#### G. Ceramic Tile Base

1. Provide ceramic tile base at all rooms with ceramic tile flooring.

# PART 3 - SPECIAL CONTRACT DOCUMENT REQUIREMENTS

#### 3.01 GENERAL



- A. Where multiple wall base types occur or where specific layout is important, provide interior floor finish plans indicating material type and locations.
- B. Unless otherwise directed, furnish a minimum of 5% extra materials to owner at completion of project for each type of size, color used. Extra material shall be packaged with protective covering and identified with labels describing contents and project information.

#### PART 4 - PRODUCTS

#### 4.01 GENERAL

A. Coordinate with entity specific standards regarding acceptable manufacturers and products.

End of C3025 – Base Finishes

(back to top)



### **ELEMENT C3030 - CEILING FINISHES**

(back to top)

### PART 1 - GENERAL

#### 1.01 OVERVIEW

A. This document includes painted gypsum board and suspended acoustical panel ceiling systems.

#### PART 2 - DESIGN CRITERIA

## 2.01 GENERAL

- A. The following general design criteria apply to both shell and core and tenant fit-out rooms of a medical office building.
- B. Specify ceiling finishes appropriate to project specific conditions and requirements.
- C. Coordinate ceilings with building owner and/or tenant standards.
- D. Specify ceiling finishes appropriate to project specific conditions and requirements.
- E. Refer to Room Data Sheet for ceiling finish requirements by room.
- F. Paint Type and System. Premium Grade.

Table. Paint standards for ceiling surfaces in shell and core and tenant fit out rooms within a medical office building.

Permit	ted" re	litionally equires pre- use by BJC	MEDICAL O	FFICE BUILDING
Directo			TENAI	NT FIT OUT
			Typical Rooms and Areas	Wet Rooms and Areas
gu		Approval status	Permitted	Permitted
Ceili	ystem	Comments	Latex, Standard	Latex, Standard
Board Surface	$\sim$	MPI level	G3 (eggshell)	G5 (semi-gloss)
m B	Standard	Primer	Harmony, Interior Latex primer, B11	Harmony, Interior Latex primer, B11
Gypsum Board Ceiling Surface	Sta	Intermediate Coat	Harmony Interior Latex Eg-Shel, B9	Harmony Interior Latex-Semi Gloss, XXX
		Top Coat	Harmony Interior Latex Eg-Shel, B9	Harmony Interior Latex Semi-Gloss, XXX



G. Acoustical Panel and Suspended Grid: 2'x4' grid is typical, seismically braced as required by code.

## PART 3 - SPECIAL CONTRACT DOCUMENT REQUIREMENTS

### 3.01 GENERAL

- A. Reflected ceiling plans shall include the height of ceiling surfaces above finished floor on plan drawings.
- B. Unless otherwise directed, furnish a minimum of 5% extra materials to owner at completion of project for each type of size, color used. Extra material shall be packaged with protective covering and identified with labels describing contents and project information.

#### PART 4 - PRODUCTS

# 4.01 GENERAL

A. Coordinate with entity specific standards regarding acceptable manufacturers and products.

End of C3030 – Ceiling Finishes

END OF DOCUMENT 403.303

(back to top)



## RESPONSIBILITY MATRIX

The following matrix identifies those individuals, roles or departments responsible for maintaining the accuracy of the information and those responsible for providing input. Refer to Preface for detailed explanation.

		BJC HealthCare														Hospital/Entity				
			PD	&C			M)					()								
	Corporate Architect	Corporate Engineer	Director of Planning	Director of Design	Director of Construction	Other:	Clinical Asset Management (CAM)	Risk Management	Real Estate	Ergonomics	Infection Prevention (IP)	Info Systems, Data, Telecom (IS)	Other:	Standards Review Committee	Facilities Engineering	Housekeeping	Security	Other:		
Primary Authorship																				
Secondary Authorship		$\boxtimes$		$\boxtimes$	$\boxtimes$															

### DOCUMENT REVISION HISTORY

The following able indicates the date the document originated and any subsequent revisions.

403.303 – Interiors, Finishes										
Issue	Description of Issue	Prepared by								
2012 v1	Original Issue	G. Zipfel								
2012 v2	Miscellaneous Review/Clarifications	G. Zipfel/B. Temple								
2016 v1	reissued	G. Zipfel								
2018 v1	Combined documents and renamed as 403.303	G. Zipfel								