

# A PACT

AND MY PROMISE TO YOU



“Staying independent is important. I work with my patients in their homes to help them learn how to adapt and build strength to stay active and move safely within their home.”

*David Sarratt  
BJC Home Care Services at Parkland  
Physical Therapy Assistant*

Our patients feel right at home with their BJC Home Care Services therapist – therapists like David Sarratt, who work to help patients jump-start their recovery after surgery or illness. ☺ David knows the exercises that increase strength and range of motion and help reduce pain. ☺ He teaches his patients new or simplified techniques that allow them to remain active, without worries of falls or injury. ☺ He finds equipment and shares ideas to help them stay right where they feel the most comfortable – in their own home. ☺

For more information on how BJC Home Care Services at Parkland can bring their outstanding health-care resources to *your* home, call 888-633-9395. For a free brochure about steps you can take for a safer stay in the hospital, call 800-392-0936.

## BJC<sup>SM</sup> Home Care Services

**BJC** HealthCare<sup>SM</sup>

Setting the Standard

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